

Chilton Town Council NEWSLETTER



Message from the Mayor, Michael Young



To the residents.

Whilst I understand that a lot of people are still continuing to struggle in these difficult times, we as your Council are continually working to provide help and support to those in need. As you read, this newsletter,

you will be able to get information on all our support initiatives that we have put into place to help. I would ask that, should you need help or advice, you contact our office, and we will do what we can to assist you. Should we not be able to help, we will endeavour to direct you to an

appropriate organisation that will be able to advise the best way forward.

On a lighter note we are currently in the process of arranging our events calendar for this year, which we will update you on in our next newsletter. Should anyone want to volunteer to assist, in our up-coming events, please contact our office to submit your name and address for consideration.

On behalf of Chilton Town Council may I thank you all for your participation in making last year's events a success, let's make this year just as successful.

Kindest Regards,
Cllr. Michael Young
Mayor.

Community Update

Our **Men's Friday group** is now up and running, any gents are welcome to join at any time, even if your only available one or two Fridays a month you can still call in and take part. The group starts at 10am with an optional healthy walk led by our volunteers. Those that don't want to walk or are restricted by ability can meet in our community room where there will be games and newspapers and warm drinks available. The walk is followed by activities and lunch time refreshments. Activities will be determined by the group but will include training in a variety of subjects. There will be trips arranged as part of the group,

Walk Durham. Our regular walking group are back out every Friday from 10am. All are welcome to join the walk and get some exercise with a friendly local group. The walk is led by two volunteers who have been trained and approved with Walk Durham. They use a risk assessed route which last for about an hour at the moment, the walk may change depending weather and ground conditions. Longer walks may be planned for the future as the group develops. Walkers can come back to Hutton House for a warm drink afterwards if they wish and gentlemen are welcome to stay on for the Men's social group afterwards.



taking members out for a change from usual activities, this will include coastal trips or attractions within reasonable travelling distance. The first was an evening in Durham with a guided walk from a Gruesome

Histories expert, who guided the group through ghostly history of the city. The group is free to join, there may be a need to pay a deposit for booking on trips but the majority of the activities is funded by The Happiness Hub Fund.

The main purpose of the group is to tackle social isolation and improve mental health. Anyone joining the group will have access to support via referrals to professional services. The group will run every Friday from 10 till 2pm but if you can only come for an hour when you are free.



funded by
believe
housing

Warm Space. On Thursdays we will be offering a warm space from 11am till 2:00pm funded by Believe Housing, where anyone can come along and keep warm in our community room and have warm drinks. There will be mindfulness colouring books, puzzle books, games, magazines and newspapers. This is an opportunity to meet up with others in a friendly environment.

Benefits Advice sessions are back up and running at Hutton House. Thanks to Ferryhill Ladder Centre and the 4together partnership AAP, we have been able to offer a weekly drop in and appointments, helping people to make new claims for benefits, help with completing benefit forms, how to appeal a DWP decision and to check they members of the community are receiving the help that they are entitled to.

Please find us on social media



Message from The King Charles III

The Mayor and Town Council were delighted to receive a communication from the King thanking Chilton for their letter of condolence and support given to him and his family at the recent loss of Queen Elizabeth II. The card will be on display in Hutton House reception for residents to see.

Birthday of the Princess of Wales



Monday 9th January saw the Mayor Cllr M. Young raise the flag of Wales in honour of H.R.H. Princess of Wales. Mayor Young said "We are delighted to honour the first Birthday of Catherine in her role as Princess of Wales and we look forward to raising the flag for the birthdays of the Prince of Wales and Prince George later this year".

British Empire Medal

The Mayor and Mayoress would like to congratulate Joanne Barber on being awarded the British Empire Medal in the New Years Honours list for her services to swimming, Congratulations

Councillors Contact Details

Cllr Michael Young The Mayor
Cllr Pearl Malpas Deputy Mayor
Cllr Elizabeth Bruce
Cllr Alan Bruce
Cllr Julie Cairns
Cllr Jim Houlihan
Cllr Peter Davies
Cllr Kieron Hornsby
Cllr Luci Rundle
Cllr Stuart Sutherland
Cllr Victor Collinson
Cllr Pam Herbert

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Tel: 07548 337284
Tel: 01388 721331

Groundwork N.E are currently running their 'Waste Not Want Not' course on Tuesdays at Hutton House. The course explores upcycling and recycling using everyday materials. The course will run for 4 weeks .

They also have a courses which we would like to get going in time for the Spring covering practical ways to engage in environmental learning through topics such as healthy eating, recycling, environmental play and green exercise.

Community Champion

This year we received two nominations for two residents of our town to be our Community Champion 2022. The Council this year awarded a joint winner. The Mayor was delighted to present Alderman Christine Potts and Mr. Andrew Coulthard the award at a special ceremony on Tuesday 24th January.



Chilton Town Council

Hutton House, Durham Road, Chilton DL17 0HE
Opening times: Monday – Friday 10am -2pm
Tel: 01388 721788
Email: info@chiltondurham-tc.gov.uk
<https://www.chiltondurham-tc.gov.uk>

Durham County Council

General Enquiries	03000 26 0000
Refuse, Street Lights	03000 26 1000
Planning	03000 26 1060
Council Tax	03000 26 4000
Benefits	03000 26 2000
Bus Passes	03000 26 8667
Blue Badges	03000 26 9425

Useful Contacts

Livin - Customer Services	0800 587 4538
Police	101
NHS	111
Gas, Emergency,	
If you smell gas	0800 111 999
Electric	0800 66 88 77
Water	0344 811 8111
Ferryhill Ladder Centre,	
advice and enquiries	01740 651639
Citizens Advice	03444 111 444
GP, Chilton Practice	01388 720208

Contacts

We would like to hear from you about the type of groups you would like to join during the week at Hutton House.

Craft Fitness

Healthy Eating Health

Ladies /Mixed walking football

Any other suggestions _____

Name _____

Email or telephone number _____

Please find us on social media

